

Shifts and Balances

Hello Everyone,

Well, it seems I am "called" to write each week and hopefully what I write will have some meaning for you. If not, just consider me a chatty Cathy who might have nothing better to do than to connect via this medium with my global family. I do feel a strong connection to everyone in our network and always feel grateful for each of you doing what you can do to restore balance to mass consciousness and our planet.

For three weeks I went through a very uncomfortable energetic and physical process. I was not my usual self and felt like I was completely out of balance. I know I wasn't the only one. Shifting into higher states of consciousness can take its toll. During the rough periods, I remind myself "this too shall pass."

These shifts are taking place on various levels within and around us. Mass consciousness itself is shifting and we are part of the reason. This is a good thing, but can feel like we want it over NOW. We as a global family have been out of balance for quite some time. As we shift our own thoughts and actions, we affect the collective. Coming into balance creates change. Most of us are afraid of change. We have this innate fear of the unknown and cling at the unconscious levels to the familiar. Thus many of us live with unconscious contradictive energies. As we bring ourselves into inner harmony, those contradictions surface. If we resist these inner shifts, we can feel quite miserable.

My discomfort for three weeks came from many sources. It seems hard to pinpoint exactly what is happening, since it can seem like so much is happening! I was out of balance with my being and my doing...my masculine and feminine energies. We see this imbalance playing out globally and we also see groups taking action to change this. We are creating a family who believes in mutuality, equality, respect for all life, healthy relationships, and a distribution of resources that supports all people everywhere.

As you sit on Sunday morning (by the way, can you feel the connection getting stronger?) and enjoy the feelings of a new earth where everything is in balance, peace and harmony, contemplate how you might be distracting yourself or resisting the changes that are happening on a deep level within you. How comfortable are you with "being," stillness or communion with your inner essence? Are your inner masculine and feminine energies in harmony? Take time to develop a relationship with your inner male and female. We can't expect our global family to come into peace until we are at peace with our own selves.

Bless each of you for having the courage and the willingness to change yourself.

See you on Sunday.

In service to the one,
marilyn

